



Compete USA Figure Skating Competition
November 5, 2022

Line Creek Community Center & Ice Arena
5940 NW Waukomis Dr.
Kansas City, MO 64151

Entry Deadline: October 1, 2022

Chief Referee: Reed Hastings
Accountant: Collin Ogren

Competition Chairs: Crystal Richardson, Carolyn Goodwin, and Megan Cowger

If you have questions, please contact LCFSCFallFling@gmail.com

Hosted by:



The **Line Creek Figure Skating Club** of Kansas City, Missouri is hosting the 2022 City of Fountains Fall Fling Compete USA Figure Skating Competition. This event is sanctioned by U.S. Figure Skating. This non-qualifying competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current [rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

The competition is open to all skaters who are current eligible (ER 1.00) members of either Learn to Skate USA and those who are full members of U.S. Figure Skating. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club.

Compete USA competitions provide a fun, introductory competitive experience for all participants. These beginner competitions welcome skaters of all ages and levels to participate. The events follow the Learn to Skate USA curriculum and are broken down by level and age. Skaters can choose to compete in several events, including compulsory elements and programs set to music.

2022 MID-WEST FIGURE SKATING COUNCIL CHAMPIONSHIP SERIES

Line Creek Figure Skating Club is a member of the Mid-West Figure Skating Council (MWFSC) and is participating in the Mid-West Figure Skating Council Championship Series (MWCCS). Participating competitions are Heartland Winter Classic, Snowball Spectacular, Skate Kansas City, Heart of America, Wichita Mid-Continent Classic, Pony Express Championships, and Line Creek Fall Fling. Actual competitions will be dependent upon each hosting Club's final decision to hold their event. Skaters from any level and age may compete for points which will be awarded for Beginner through Senior and Adult level events (Singles, Pairs, Dance, Showcase, Jumps, Spins, and Compulsory Moves) along with Compete USA events (Basic Elements, Basic Program, and Basic Skills Showcase).

There are two ways to participate: the *all events* option or the *free skate only* option. For the all events option, points will be awarded for all levels in Singles, Pairs, Dance, Showcase, Jumps, Spins, and Compulsory Moves. Free skate events (or short program if not skating free skate). Skaters must indicate the track in which they wish to compete when they sign up. Track selection cannot be changed after registration.

Skaters competing in the Championship Series will receive points for placement in each of the above events at the recognized competitions. At the end of the season, top scoring skaters will receive awards from MWFSC, and the club with the most skater-accumulated points will receive the traveling championship trophy for that year.

There is an annual \$10 registration fee to enter the Championship Series, which can be paid at the first competition entered or by registering on the Council website at [MWFSC.net](#).

GENERAL HEALTH AND SAFETY STATEMENT

The Line Creek Figure Skating Club and the Line Creek Community Center & Ice Arena will be complying with all federal, state and local regulations and any additional public health notices in place at the time of the 2022 City of Fountains Fall Fling Competition. This includes [recommendations from U.S. Figure Skating](#). As of March 15, 2022, and consistent with updated CDC guidance on mask use, face coverings are no longer required to be worn indoors at U.S. Figure Skating-sanctioned events or activities if community levels are Low or Medium. U.S. Figure Skating encourages masks to be worn indoors if the community is in the High category based on the [CDC County Map](#). As of August 23, 2022, Platte County, Missouri community levels are at Medium according to the Centers for Disease Control and Prevention (CDC).

The Local Organizing Committee (LOC) will continue to monitor community levels for Platte County, Missouri. Any additional updates concerning federal, state, and local current health recommendations closer to the time of the competition will be communicated to competitors and coaches within one week of the event.

ELIGIBILITY/TEST LEVEL

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

For the Pre-Free Skate, Free Skate 1-6, Excel, Well Balanced, and Adult levels eligibility will be based only upon highest free skate test level passed.

Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

Age restrictions/requirements: Adults must be 21 years of age or older.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee (LOC) discovers that a skater has been placed in a category that is below his/her class level, the chair and referee will have the option to move the skater into the proper division, even if it is the day of the competition. This will ensure that every event is as fair as possible to the competitors. It is an ethical violation for coaches to sandbag an event.

ENTRIES

Entries will only be accepted online by credit card via EntryEeze. Online registration closes **October 1, 2022 at 11:59pm** central standard time. Electronic entries must be paid with a successful credit card transaction to be considered valid.

Please note, all registration fees are paid by credit card only and a processing fee will be charged to the skater. Online processing fees are not refundable. Contested credit card charges will be issued a \$25 fee. Payment of all fees will be required before the skater is allowed to participate in practice ice or events.

Late entries will be accepted at the discretion of the chief referee and a late fee of \$25 will be charged. The Local Organizing Committee reserves the right to limit entries in any event or to cancel an event. Entry fees will be refunded in accordance with the stated refund policy.

PLEASE CHECK YOUR ENTRY CAREFULLY WITH YOUR COACH BEFORE SUBMITTING YOUR ENTRY.

All entry changes after the close of entries are subject to Chief Referee approval and a \$25 change fee.

ENTRY FEES

Entry fees are per person. All fees are as follows:

First Event	\$60
Additional Singles Event (non-free skate)	\$25
First Showcase Duet/Trio Event (per pair/trio)	\$60
Practice Ice (no music, purchased at time of registration)	\$10
Practice Ice (no music, purchased after the schedule has been posted)	\$15
Practice Ice (no music, purchased onsite at competition)	\$15
Change Fee (if approved and entered after October 1, 2022)	\$25
Late Entry Fee (if approved and entered after October 1, 2022)	\$25
Late Music Fee (music uploaded after October 17, 2022)	\$25
Entry into 2022 Midwest Figure Skating Council Series	\$10
Contested Credit Card Charges	\$25

REFUND POLICY

Entry fees will not be refunded after the entry deadline unless no competition exists or the event is canceled. There will be **no refunds for medical withdraws**. Online processing fees are not refundable. Contested card charges will be issued a \$25.00 fee. Payment of all fees will be required before the skater is allowed to participate in practice ice or events. The competition reserves the right to cancel at its own discretion.

PARTNER EVENT

Only one partner needs to complete registration for the pair/couple. During the registration process, you will be asked to identify your partner and verify their test information. The registered partner will be responsible for managing all aspects of the competition for the pair/couple including music upload, practice ice sales, etc.

SCHEDULE

Competitors may be scheduled on any day or time for the announced dates of the competition. The competition and practice ice schedule will be available via the EntryEeze website as soon as possible after the close of entries. All participants will be notified via email once available.

FACILITIES

The competition will be held at the Line Creek Community Center & Ice Arena located at 5940 NW Waukomis Dr. Kansas City, Missouri 64151. Line Creek Community Center & Ice Arena is a 34,000 square-foot family recreation center with a single surface arena measuring 185' x 85'.

MUSIC

Competition music for all events that require music must be submitted electronically via EntryEeze by **October 17, 2022 at 11:59pm** central standard time. A late music submission fee of \$25 will apply if not submitted by this date. If you have questions about what format you have, please contact your coach.

All music must meet the following criteria:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chairperson and they may request you upload a corrected file
- Leaders and trailers (the silence or “dead space” before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders may disrupt the playing of the music during the competition.

In case of technical difficulties, competitors must also have a backup copy of their competition music available on a cell phone and it must be immediately available rink side whenever the skater competes. If the phone does not have the standard round 3.55mm headphone jack, an appropriate connector such as an Apple Lightning-to-3.5mm headphone adapter or Samsung USB-C adapter is required to be attached. The phone should be presented to the music technician with the file ready to play, phone in airplane mode, and volume turned to maximum.

LIABILITY

U.S. Figure Skating, Line Creek Figure Skating Club and Line Creek Community Center & Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with [Rule 1600](#) of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM

The 6.0 Judging System will be used for all events.

REGISTRATION

Registration will end October 1, 2022 11:59 pm central standard time.

ONSITE CHECK-IN

The registration desk located in the lobby of the facility will be open 45 minutes before the first event and run through the last event of the day. All competitors are asked to arrive at the arena at least 30 minutes prior to their event. Please check-in promptly upon arrival.

LOCKER ROOMS & CHANGING AREAS

Locker rooms and changing areas will not be available at this competition. All athletes are expected to arrive to the arena ready (costumes, hair, make-up, etc.). Athletes will be provided with an area to put skates on but will not be permitted to change in public restrooms.

PRACTICE ICE

Practice ice is not included with registration. All practice ice must be paid for in advance. Music will not be played during practice ice. Sessions are 20 minutes in length and will be on Saturday morning.

Skaters will be able to pick their own practice ice sessions online, but must indicate and pay for the number of sessions they would like with online registration. Skaters will receive an email to access practice ice records and select sessions after the schedule has been posted.

Pre-purchased practice ice is available for purchase on EntryEeze at the time of registration for \$10. Pre-paid practice ice is non-refundable and may not be sold to other skaters. Additional practice ice sales may be available online via EntryEeze for \$15 per session after the schedule has been posted and pre-paid sessions have been selected.

PHOTO/VIDEO

Photography services will be provided by Sam Atagana Photography. Additional information will be provided to registered competitors prior to the event. Video services will not be available.

Note: Per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited. No flash photography is permitted of skaters on the ice.

AWARDS

Everyone will receive an award. For all events, medals will be given for 1st through 3rd places and ribbons for 4th through 6th places. All awards can be picked up off ice after final results are posted.

OFFICIAL NOTICES


Skater order and results will be posted on an official competition website. The link for this website will be emailed to participants closer to the event. It is the responsibility of each competitor, parent and coach to check frequently for any schedule changes and/or additional information. Skaters are requested to arrive 30 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

VOLUNTEER COMPLIANCE

Reminder: compliant positions at all U.S. Figure Skating sanctioned events include key LOC members and all medical event personnel. To be considered compliant, an approved volunteer serving in one of these positions must:

- ✓ Submit information for, proper payment of \$30 and successfully pass a background check
 - The background check will be valid for two seasons, the one in which it was completed plus one additional *
- ✓ Complete annual SafeSport Training
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification *

* Accessible via U.S. Figure Skating Members Only Website:

www.usfsaonline.org →  Person Icon [or](#) [Account](#) → Member Profile → Compliance

IMPORTANT NOTICE FOR ALL COACHES

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating. ONE (1) coach credential per registered athlete. The LOC will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. *

- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement.*
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

Foreign Coach/Choreographer:

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

CONTACT INFO

For more information or specific questions regarding the City of Fountains Fall Fling, please email us at LCFSCFallFling@gmail.com.

ADDITIONAL INFORMATION

There are several hotel options within 8 miles of Line Creek Ice Arena & Community Center. [Click here](#) to view an interactive map with location and contact information for all recommended hotels within the area. Please book early as there are multiple events happening around the area and hotel rooms can be limited.

Nearest Airport: Kansas City International Airport (MCI)

Website: flykci.com

Kansas City International airport is a public airport located 15 miles northwest of downtown Kansas City and 11 miles northwest of Line Creek Community Center & Ice Arena.

MERCHANDISE PRE-ORDERS

More information about competition apparel options and vendors will be sent out to registered competitors via email prior to the event.

EVENTS OFFERED

SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.
FOR ADDITIONAL INFORMATION, SEE THE [COMPETE USA MANUAL](#).

FREE SKATE & PROGRAMS - SINGLES
Snowplow Sam – Basic 6 Program with Music
Pre-Free Skate – Free Skate 1-6 Program with Music
Excel Free Skate (Beginner – Preliminary Plus)
Well-Balanced Free Skate Program
Adult 1-6 Free Skate with Music
Adult Beginner – Bronze Free Skate Program with Music
ELEMENTS
Snowplow Sam – Basic 6 Elements
COMPULSORY MOVES - SINGLES
Pre-Free Skate – Free Skate 1-6 Compulsory
Excel Compulsory
Well-Balanced Levels Compulsory
Adult 1-6 and Introductory Compulsory
SPECIALTY EVENTS - SINGLES
Spin Challenge (Beginner-Adult Bronze)
Jump Challenge (Beginner-Adult Bronze)
SHOWCASE EVENTS
Compete USA - Showcase (Basic 1 – Basic 6/Pre-Free Skate – Free Skate 6/Adult 1 – 6)
Showcase Events (Beginner – Preliminary/Adult Beginner – Bronze)
INTERPRETIVE
Compete USA - Interpretive
SOLO DANCE
Solo Pattern Dance (Preliminary – Pre-Bronze and Adult Preliminary – Pre-Bronze)

COMPETE USA SHOWCASE EVENTS DEFINED

(Basic 1 – Basic 6/Pre-Free Skate – Free Skate 6/Adult 1 – 6)

- **Dramatic Entertainment:** Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- **Light Entertainment:** Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- **Duets/Trios:** Theatrical/artistic performances by 2 to 3 skaters.

SHOWCASE EVENTS DEFINED

(Beginner – Preliminary/Adult Beginner – Bronze)

- **Emotional (formerly Dramatic) Performance:** Programs should portray a story, expressing conflict, resolution and/or depth of emotion. Skater should provoke an emotional response with the audience - through related skating movements, gestures and choreographic processes. The entire spectrum of emotions should be considered when selecting the theme (e.g. love, loss, longing, fulfillment, happiness, melancholy, sadness, etc.).
 - Lip synching is not permitted; Props and Scenery are permitted; No Technical Limitations
- **Character Performance:** Skaters will impersonate a character, original or adapted, on the ice. Performances as a character from a movie, musical, book, original idea, original adaptation are all welcome here.
 - Lip synching is required; Props and Scenery are permitted; No Technical Limitations
- **Comedic Impressions:** A humorous performance intentionally designed to achieve continuous/multiple chuckles, laughs, or audible rises from viewers. Performance is projected outward towards audience and entertaining through skating movements, gestures and physical actions deemed comedic.
 - Lip synching is permitted; Props and Scenery are permitted; No Technical Limitations
- **Lyrical Pop:** Perform to your favorite song containing lyrics, without lip-synching.
 - Lip synching is not permitted; Props and Scenery are not permitted; No Technical Limitations
- **Duets/Trios:** Theatrical/artistic performances by 2 to 3 skaters.